

## Siblings Australia

### Creating Capacity: Support for Adult Siblings Project

Siblings usually have the longest relationship of any with a person living with disability. Support for siblings is important for their own wellbeing and for the benefits that a strong sibling relationship has for the person with disability.

Siblings Australia has been funded by the DSS Sector Development Fund to develop more supports for adult siblings of people with disability. The aim of the project is to build the capacity of siblings to understand the role of the NDIS and support their brother or sister's transition to the NDIS. It will:

- a) Develop a range of online information packages and resources (including links to existing resources)
- b) Develop opportunities for peer support and mentoring for adult siblings, both online and in person

We hope to reach as many siblings as we can – those who are very involved with their brother or sister with disability and also those who may not be so involved.

If you would like to receive ongoing updates about the project – either as a sibling or someone who is interested in siblings, or someone who can spread the word about this project please subscribe [here](#). You can unsubscribe at any stage in the future. Also, if you believe you can contribute to the project in any way please email [kate@siblingsaustralia.org.au](mailto:kate@siblingsaustralia.org.au) – we would welcome any input

The project will run from September 2016 to end June 2017.